

# CONSULTATION WORK SHEET

# ZO SKIN HEALTH INC

BY ZEIN OBAGI, MD

## Patient Information

Would you like to receive product updates from ZO®?  Yes  No

First	Last	Birthday	Email Address		
Street		Apt/Unit#	City	State	Zip
Your Skin Type <input type="checkbox"/> Dry <input type="checkbox"/> Normal <input type="checkbox"/> Oily <input type="checkbox"/> Combination	Your Concerns <input type="checkbox"/> Sensitive Skin <input type="checkbox"/> Fine Lines <input type="checkbox"/> Uneven Skin Tone <input type="checkbox"/> Signs of Aging				
<input type="checkbox"/> Acne <input type="checkbox"/> Inflammation <input type="checkbox"/> Rosacea <input type="checkbox"/> Sun Damage <input type="checkbox"/> Hyperpigmentation					

## Personalized Regimen

Your Skin Health Advisor

Date

ZO® Skin Health	AM	PM	/week
Effects® Hydrating Cleanser (Normal to Dry Skin)			
Effects® Exfoliating Cleanser (Normal to Oily Skin)			
Effects® Exfoliating Polish			
Effects® TE-Pads Acne Pore Treatment			
Ossential® Daily Power Defense			
Ossential® Growth Factor Serum			
Ossential® Radical Night Repair Plus			
Ommerse® Renewal Crème			
Ommerse® Overnight Recovery Crème			
Oclipse® Sunscreen + Primer Broad-Spectrum SPF 30			
Olluminate® Intense Eye Repair			
Oraser® Microderm Hand Renewal			
Oraser® Daily Hand Repair Broad-Spectrum SPF 20 Sunscreen			
Oraser® Overnight Hand Recovery			
Oraser® Body Emulsion			
<b>Program</b>			
Level I: Daily Skincare Program (4-Step Program)			
Level II: Anti-Aging Program with Growth Factor Serum (5-Step Program)			
Level III: Aggressive Anti-Aging Program with Radical Night Repair Plus (6-Step Program)			
Acne Prevention + Treatment Program (4-Step Program)			
Oraser® Anti-Aging Hand Program (3-Step Program)			
<b>Peel</b>			
ZO® Radical Peel (At-Home Treatment)			
Ossential® Stimulator Peel (Professional Treatment)			

ZO® Medical	AM	PM	/week
Normacleanse™ Cleanser for Normal to Dry Skin			
Oilacleanse™ Cleanser for Normal to Oily Skin			
Balatone™ Calming Toner, pH Balancer			
Vitascrub™ Exfoliating Scrub			
Cebatrol™ Oil Control Pads			
Brightenex™ Skin Brightener & Correcting Crème (No HQ)			
Glycogent™ Exfoliation Accelerator, 10% Concentration, pH 3.0			
Retamax™ Active Vitamin A Micro Emulsion			
Hydrafirm™ Eye Brightening Repair Crème			
Liprebuild™ Advanced Therapy Lip Treatment			
Aknetrol™ Acne Treatment (Benzoyl Peroxide 10%)			
Invisapeel™ Intensive Resurfacing Peel			
Oclipse-C™ Broad-Spectrum Sunscreen SPF 50			
<b>Rx (Prescription Required)</b>			
Melamin™ Skin Bleaching & Correcting Crème (HQ USP, 4%)			
Melamix™ Skin Lightener & Blending Crème (HQ USP, 4%)			
Tretinoin ( 0.1% / 0.05% )			
<b>Peel</b>			
ZO® Controlled Depth Peel™ (Professional Treatment)			
3-Step Stimulation Peel™ (Professional Treatment)			

## Comments / Recommendations

Additional Medical Treatment:  Yes  No