

your daily regimen



Name:

Date:

Areas of concern:

Next appointment:

daily AM PM

cleanse

- facial wash AM PM
- facial wash oily/problem AM PM
- creamy cleanser AM PM
- bpo 5% cleanser AM PM
- blemish control bar AM PM
- dry skin relief bar AM PM
- pigment bar AM PM
- total wash face & body cleanser for men AM PM

tone

- smoothing toner AM PM
- nutrient toner AM PM

correct

- gentle exfoliant AM PM
- ExLinea® peptide smoothing serum (spot treat fine lines) AM PM
- pigment gel® (spot treat discolorations) AM PM
- pigment gel® hq free (spot treat discolorations) AM PM
- acne gel (spot treat breakouts) AM PM
- acne cream (spot treat breakouts) AM PM
- C-Quench® antioxidant serum AM PM
- A&C synergy serum AM PM
- total strength line & pore minimizer for men AM PM
- hydrating serum AM PM
- rejuvenating serum AM PM
- anti-redness serum AM PM

daily AM PM

correct (continued)

- retinol renewal with restorActive Complex AM PM
- brightening therapy with TrueTone AM PM
- C-Strength 15% with 5% Vitamin E AM PM
- C-Strength 20% with 5% Vitamin E AM PM
- eyeXcellence AM PM
- après peel® soothing balm (0.5% hydrocortisone) AM PM
- peptide lip therapy AM PM
- other _____ AM PM
- other _____ AM PM

hydrate & protect

- weightless protection spf 45 AM PM
- perfecting protection spf 30 AM PM
- total defense calming hydrator spf 25 AM PM
- protecting hydrator spf 30 AM PM
- hydrator plus spf 30 AM PM
- active very water/sweat resistant spf 45 AM PM
- hydrating serum AM PM
- clearskin AM PM
- ReBalance AM PM
- après peel® hydrating balm AM PM
- collagen hydrator AM PM
- silkcoat® balm AM PM

weekly AM PM

- purifying mask AM PM